



MTAO Annual Conference and AGM **Saturday, February 24, 2018**

Toronto Western Hospital Auditorium
399 Bathurst Street, Toronto

Start Living Acceptance – Ryan McTavish

The importance of “acceptance over awareness” is crucial in the music therapy profession. Learning to respect the diversity of your clients can enable solid, positive relationships. Using personal experience and humor, Ryan outlines 3 accepting qualities useful in music therapy. Ryan will also share how music therapy has helped him grow, both in life as an advocate, and in his social development.

Ryan McTavish is an award-winning public speaker, musician, and Autism advocate. He is the host of Rock For Autism Waterloo (2015 and 2018), and founder of the “Start Living Acceptance” initiative. “Start Living Acceptance” is a campaign that promotes inclusion and belonging for individuals with Autism. Musically diverse, Ryan has performed alongside artists such as Richard Garvey, Erick Traplin, The Proclaimers, and Fred Penner. Ryan was also named a CKCO Local Hero in August of 2017 for his advocacy efforts. In the future, Ryan hopes to grow his acceptance campaign with further speaking and performing opportunities.

Efficacy of Rhythmic Acquisition on Gait Performance Among Individuals with Parkinson’s Disease – Demian Kogutec, BMT, MMT, PhD Candidate

The purpose of this study was to identify the ability of individuals with Parkinson’s disease (PD) to acquire different rhythmic complexity levels through individual home-based Improvised Active Music Therapy (IAMT) sessions. The study aimed to identify whether higher acquisition of rhythmic complexity levels improved gait performance, as well as beat perception and production abilities. In this single subject multiple baseline design, the study measured the ability of four right-handed participants with PD to acquire greater density of syncopation, as a measure of rhythmic complexity levels, while playing uninterrupted improvised music on a simplified electronic drum-set. The music content was transformed into digital music data in real time using Musical Instrument Digital Interface (MIDI).

Demian Kogutec is an accredited music therapist with the CAMT and a PhD. candidate in the Rehabilitation Science program at Western University, Canada. His PhD. research is being expanded through a post-doctoral fellowship.

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Music Therapy and Medical Assistance in Dying: Ethical Conversations and Cases – SarahRose Black, RP, MA, MMT, MTA, and Melissa Jessop, RP, MMT, MTA

Medical Assistance in Dying is now legal in Canada, but how does this affect and impact music therapists and their professional and ethical obligations within the workplaces? Come learn about some of the facts, myths, and misconceptions of this end-of-life work and through discussion and questions to help understand a complex option for Canadians with life-limiting illnesses.

SarahRose Black is a music therapist and registered psychotherapist at Princess Margaret Cancer Centre and Kensington Hospice in Toronto, Ontario. Her clinical work and research interests are within oncology and hospice palliative care. SarahRose is a PhD candidate at the University of Toronto, focusing her research on music and medical assistance in dying.

Melissa obtained her undergraduate and graduate music therapy degrees from Wilfrid Laurier University (1994, 2003). She is an active clinician, and specializes in the area of music therapy and dementia care. She is a Registered Psychotherapist, and has extensive experience as an internship and university practicum supervisor. Melissa is celebrating 20 years in business as Music Therapy Affects, providing professional music therapy services to long term care homes within Waterloo Region.

Exploring an Anthroposophical Music Therapy Model – Larissa Zoubareva, BM, MA, MMT

The purpose of this research study/presentation is to explore, adapt and potentially modify an anthroposophical music therapy model. Discovering how Steiner's anthroposophical theory has influenced the evolution of music therapy during the 21st century as well as exploring how modern science has influenced today's music therapy awareness would then support potential modification of current models of music therapy. I will attempt to find similarities in modern models of music therapy and see if their roots belong to Steiner's anthroposophical theory (1861-1925). I hope to eventually connect those disclosures with new scientific findings.

Larissa Zoubareva received a Bachelor of Music degree and a Master of Arts degree as a Piano Major from the Belarus State Academy of Music. Since then, as a professional, her motto remains as, the sky is the limit as are our opportunities to improve and grow. Larissa's teaching and performing experience as a pianist has given rise to many questions about the influence of music on human beings and thus inspired her to complete a Masters in Music Therapy Degree at Wilfrid Laurier University. Larissa is currently pursuing her musical passion as a music therapist.

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Panelists (Music Therapy, Psychotherapy, and CRPO)

Maya Chriqui, BMT, MTA, NMT, obtained her Music Therapy degree and internship in British Columbia, through Capilano University; her MTA and Supervisor Level 1 status through CAMT; and her NMT certificate through Colorado State University. She has worked with children, adults and seniors, and has chosen to specialize working with children who have special needs - her passion! Maya has held a private practice in B.C., Toronto and currently in St. Catharines, where she resides. She has been employed at a multidisciplinary clinic in Toronto and a non-profit company in the Caribbean. She has worked in homes, private hospitals, schools, community centres and daycare facilities; worked jointly or collaborated with a multidisciplinary team; been a keynote speaker; been interviewed for radio, newspaper and TV. She has conducted camps, workshops (parent/teacher training and corporate simulations), consults, in-services and supervisions in Canada and in Trinidad & Tobago. Throughout her 25 year career, Maya continues to advocate for the awareness and promotion of Music Therapy services and hopes it will one day be a therapeutic service that is recognized and covered through insurance and government supports as are our allied health professionals.

Rachael Finnerty, RP, MTA, MMT, MA, has been recognized as a music therapist since 2001. She served as MTAO president from 2010-2014, and was the recipient of the Woman of Distinction Award, for Healthcare in 2015. An advocate of educating people about music therapy, she brought 2 music therapy courses to McMaster University in 2010, which she continues to teach, and co-launched the Ontario Music therapy Academy providing professional development workshops. To remain current with the practice of psychotherapy, Rachael is a member of the OACCPP. Additionally, she provides private music therapy sessions to a diversity of clients in her studio in Hamilton.

Andrea Lamont, RP, MTA, works at Holland Bloorview Kids Rehabilitation Hospital, Toronto, as a Music Therapist, with additional duties as Clinical Team Investigator and Clinical Education Liaison. In addition, Andrea teaches and provides clinical supervision for the graduate music therapy program at Wilfrid Laurier University in Waterloo. Recently, Andrea was awarded the Meritorious Service Cross (Civil Division) as part of the Holland Bloorview team that created the Virtual Music Instrument.

Elizabeth Mitchell, MMT, RP, MTA, is Wilfrid Laurier University's "Music Therapist-in-Residence", a position that encompasses teaching at Laurier, and providing supervision for music therapy students and working clinically with patients at Homewood Health Centre, a mental health and addictions facility in Guelph. In 2016 she received a project grant from the Canadian Music Therapy Trust Fund to provide music therapy at Merrymount Family Support and Crisis Centre in London. Liz is currently a PhD Candidate at Western University. Prior to her doctoral studies, Liz was employed for five years at Lutherwood Mental Health Services in Waterloo, where she worked primarily with adolescents in day and residential treatment programs. Liz's clinical and research interests include music-centered psychotherapy in mental health, community music therapy, and interdisciplinary connections between music therapy, community music, and music education.

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