



How to Become a Certified Music Therapist (MTA) in Canada

The Canadian Association of Music Therapists (CAMT) has the exclusive right to certify a music therapist with the MTA credential when they successfully complete the certification process.

Education

- In Canada, Certified Music Therapists (MTAs) complete either an undergraduate or graduate program (Bachelors, Masters, Graduate Diploma) in music therapy from a university approved by the CAMT. The CAMT-recognized programs are offered at:
 - [Wilfrid Laurier University - Ontario](#)
 - [University of Toronto - Ontario](#)
 - [Concordia University - Québec](#)
 - [Acadia University - Nova Scotia](#)
 - [Canadian Mennonite University - Manitoba](#)
 - [Capilano University - British Columbia](#)

Clinical Internship

- Following or during a degree, students complete a 1,000-hour clinical internship under the supervision of a CAMT-approved supervisor. Internships typically take about six months full-time, or are completed part-time over the course of a degree.

Certification Exam

- After completing all internship hours, an applicant must write and pass the [CBMT Exam](#) administered by the Certification Board for Music Therapists. This exam is used in Canada and the United States to demonstrate applicants meet the objective national standard of knowledge, skills and abilities of advanced clinical competence in music therapy.

Ethics and Standards

- To finalize certification as a Certified Music Therapist, a Statement of Adherence to the CAMT Code of Ethics and Standards of Practice must be signed and submitted to the CAMT.

MUSIC THERAPY ASSOCIATION OF ONTARIO

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Maintaining Certification

After becoming an MTA, there are ongoing professional requirements which include:

- Maintaining annual membership in good standing with CAMT, through an annual renewal
- Completing continuing education consisting of 45 credits every five years to stay current in the field
 - Certified Music Therapists may hold additional qualifications by seeking training in specific music therapy approaches and areas of practice. Examples* include [Austin Vocal Psychotherapist \(AVPT\)](#), [Fellow of the Association for Music and Imagery \(FAMI\)](#), [Neurologic Music Therapist \(NMT™\)](#) and [NICU Music Therapist \(NICU-MT\)](#).

**Please note this list is not exhaustive.*

Psychotherapy and Music Therapy Practice in Ontario

- Some MTAs in Ontario are also registered with the College of Registered Psychotherapists of Ontario (CRPO) as a Registered Psychotherapist (RP). In Ontario the practice of psychotherapy and the use of the title Registered Psychotherapist is protected under the Psychotherapy Act, 2007 and the Regulated Health Professions Act, 1991 (RHPA). Currently one masters level music therapy degree in Ontario is a [recognized CRPO training program](#). Registrants can also apply through a non-recognized education pathway with demonstrated equivalent education. Learn more about the CRPO, requirements for registering, and how to apply on their [website](#).

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